



June 2021 MHADRTA Newsletter

Volume 4, Number 4

Canada Day Celebration—Pioneer Village



On July 1st, the Medicine Hat Exhibition and Stampede is opening Pioneer Village from Noon until 5 PM for the public to come and enjoy it. The following people have volunteered to help in the schoolhouse at that time: Delle Lovig, Donna Mae Goldade, Ray Morrison, and Mel Deydey. Bob and Vicki McCaig will help in the schoolhouse from 9 –noon, when various groups from senior citizen homes will come for breakfast in Pioneer village and

tour the buildings. The volunteers will answer questions and give any information they have about the schoolhouse to those attending. Pioneer Village appreciates that Retired Teachers are willing to help out on this day.

The plan is to also have a breakfast for the public from 8:00—10:00 AM in front of the Cypress Centre. There will be a market in the Cypress Centre from Noon until 5:00 PM and Food trucks will be on site. At night the Canada Day fireworks will be set off at the stampede grounds. As these plans are still in the making at the time of this report, watch or listen to the news for further updates.

We are also pleased to see that the schoolhouse has been painted a light yellow, the foundation has been repaired and a new door has been installed.

Submitted by **Vicki McCaig**,
Pioneer Village committee
and liaison for MHADRTA





MHADRTA Executive 2020-2021

President: Mel Deydey

Past President: Jim Black

1st Vice-President: Therese Bullin

2nd Vice-President: Donna Mae Goldade

Secretary: Ray Morrison

Treasurer: Henk Hof

Membership Chairman: Jim Kaupp

ATA Rep—Local #1: Darlene Dee

ATA Rep—Local #2: Jim Black

ATA Rep—Local #39: Ray West

SEATCA: Delle Lovig

**Branch ARTA Reps: Judy Wonnenberg
Dianne Durda**

**Pioneer Village Schoolhouse:
Vicki McCaig**

Cards & Scrapbook: Annita Pinder

Health Benefits: Jim Black

**Pension & Financial Wellness:
Ray Hoger**

Contact: Barb Taylor

Website: Ed Dick

Phoning: Jim Black

Programs: Donna Mae Goldade

ARTA Board Of Directors: Mel Deydey

**Contact information for the executive
(email addresses and phone numbers) is
available to MHADRTA members on the
website. It is password protected.**

MHADRTA Membership Info

Time to renew your membership! Your 2020/2021 membership is about to expire at the end of August.

Your 2021/2022 membership will be valid from September 1, 2021 to August 31, 2022. During the pandemic several have allowed their memberships to lapse. We hope you will rejoin. We are giving you an opportunity to renew your membership early. See options on page 5 of this newsletter.

Membership in MHADRTA is \$15.00 per year, payable by cheque or cash. Membership in ARTA is separate. For more information, visit www.arta.net

Currently we 67 members made up of 49 renewals from last year, 8 new members, 8 Lifetime members and two honorary members.



By e-mail:
mhadrta3@gmail.com

Visit our website:
www.mhadrta.wixsite.com/mhadrta

Like us on Facebook:



Follow us on Twitter:

[@mhadrta](https://twitter.com/mhadrta)



In Loving Memory

OF THOSE WHO ARE
FOREVER IN OUR HEARTS

It is with sadness and heavy hearts that we acknowledge the passing of the spouses of two of our members. We extend our condolences and deepest sympathies to the family.

We extend our sympathies to longtime MHADRTA member, **Elaine Nelson**, on the passing of her husband Rev. Sidney Nelson, and to **Kitty Cross** on the passing of her husband, Donald.

We share your sorrow, and may the love and support of your former colleagues within MHADRTA bring you strength and comfort as you grieve your loss.

the President's message

Hello Everyone!

We are so close to having the restrictions lifted. Perhaps we can look forward to getting together in person to socialize with one another again after a very long absence! Stay tuned.

We will keep you informed with updates to meetings, presentations and such!

Summer is upon us. We have experienced some VERY hot days. Hopefully, you are surviving the heat. It is so wonderful to be able to be outside and enjoy nature and breathe fresh air. Just a reminder to keep track of your physical activity and submit your time for the Wellness Challenge. Your time is not as important as you being outside and being active!

Canada Day is rapidly approaching and the front page of this newsletter outlines what is happening in Medicine Hat to celebrate Canada's 154th birthday. Thank you to Vicki McCaig for organizing the Pioneer Village Schoolhouse portion of the celebrations for this year's festivities.

Just a reminder that I am your representative on ARTA's Board of Directors. If you have any concerns or issues that you want addressed, please do not hesitate to contact me.

I want to wish each of you a very enjoyable summer where ever you spend it—whether it is a staycation in Medicine Hat, somewhere within Alberta or perhaps somewhere in this beautiful country in which we live. Personally, my wife and I hope to take advantage of the beautiful Cypress Hills (Elkwater to be exact)—less than an hour from home!

Have a wonderful summer!
Mel Deydey—President, MHADRTA
And Newsletter Editor

Connect with ATRF

The Alberta Teachers' Retirement Fund (ATRF) manages your pension plan, and we want to stay connected with you.

Do we have your current email address?

To get important information about your pension, including our newsletters, make sure we have your current email address. And, if you're registered for our secure and convenient *MyPension* online services, you can access your tax slips and annual Pension Information Statements electronically, getting them quicker than regular mail. Registration is easy – find out more at www.atrf.com.



Visit:
ATRF.com



I want to take this opportunity to wish all the fathers reading this a very **Happy Father's Day**. I know that with the restrictions you may not be able to see, hold and hug your children and grandchildren the way you used to be able to, but know that the love is still strong and you're very special to them. You are the hero in their lives! Enjoy this day dedicated to you!

ARTA's **Pension and Financial Wellness Committee** organized a three-part financial seminar for its members.

1. The first session, **Tax and Estate Planning**, presented by **Capital Estate Planning** is available at the following link.

The link is: <https://www.youtube.com/watch?v=6RPW3X7Ua3s&t=78s>

2. The second session, **Estate Planning and Wills**, presented by **Matt F. Trotta** is available at the following link.

<https://www.youtube.com/watch?v=8V-8BtMKkes>

3. The third session, **Investment Fraud** was presented by **James MacTavish**, Senior Advisor for the Alberta Securities Commission. It is available at the following link.

<https://www.youtube.com/watch?v=QR1EB3QJarI&t=5s>



2021 Scholarship Information

These scholarships recognize academic achievement, community involvement, and volunteer work. Future goals, personal accomplishments, and supporting letters of reference are also significant in selecting the scholarship recipients.



ARTA-TW INSURANCE DEGREE SCHOLARSHIPS

Through ARTA, TW Insurance Brokers provides scholarships for undergraduate students registered in a degree program who are related to an ARTA member.

Degree Scholarships

(two each to be awarded)

- \$5,000
- \$3,000
- \$2,000

ARTA CERTIFICATE/DIPLOMA SCHOLARSHIPS

Through its own generosity, ARTA provides scholarships to students in a certificate or diploma program of two or more years at an accredited post-secondary institution and who are related to an ARTA member.

Certificate/Diploma Scholarships

(two each to be awarded)

- \$5,000
- \$3,000
- \$2,000

DEADLINE
July 31, 2021

Application forms and criteria for the 2021 scholarships are available online at ARTA's website, arta.net, or by writing to:

Chief Executive Officer, Alberta Retired Teachers' Association
15505 137 Avenue NW, Edmonton, AB T5V 1R9



2021 WRITING CONTEST

Deadline for Entries: Friday, November 12, 2021

Announcement of Winners: Spring issue of *news&views* (March 2022)

Entry Categories

Flash Fiction

800-word maximum

Poetry

40-line maximum

Any form, any subject

Travel Vignette

500-word maximum

How to Submit

Electronic entries as an attachment to an email with the subject line WRITING CONTEST to writingcontest@arta.net.

OR

Handwritten or typed manuscripts to Writing Contest, c/o ARTA Office, 15505 137 Avenue NW, Edmonton, AB T5V 1R9

Visit arta.net/writing-contest for more details relating to the categories, contest rules, and entry forms.



arta.net/writing-contest

Wellness Challenge Reminder

Just a reminder to get out and get moving!

Don't forget to track your time spent on physical activity for the ARTA Wellness Challenge. Submit your best 30 days for your chance to win some prizes.

You can submit your results three ways;

1. If you belong to a branch, email or mail your branch president.
2. Visit arta.net/wellness-challenge and fill out the form which will be submitted to ARTA.
3. Email your form to jhope@arta.net or mail to the ARTA office: Alberta Retired Teachers' Association, 15505 137 Ave NW, Edmonton, AB T5V 1R9

Please submit by July 31, 2021



In spite of the COVID-19 pandemic, the one thing that has not cancelled was the **2021 ARTA Get Moving Wellness Challenge**—which began **April 1, 2021** and concludes **June 30, 2021**. It is a timed challenge whereby you record the amount of time you spend doing some form of physical activity. As retirees, wellness and staying active is important as we enter or continue through our lives as seniors.

Staying active can be achieved through many different ways. Many group

activities were no longer carried out. However, any physical activity that you participated in—walking, using a home gym (treadmill, stepper, yoga, strength and resistance), golf, hiking, biking and yardwork and others I have not mentioned can be employed.

This year's challenge asks us to record the total amount of time each day that we are involved in any form of activities.

After June 30th, select your 30 best days (since April 1, 2021) and record the total. Simply send an email with your name and the total amount of time in hours and/or minutes that you were involved in any physical activity. Send it to me at 49ermh@gmail.com before July 31 or you can send the form on the next page directly to ARTA.

There are awards provincially for the people with the highest totals and for the branches that have the greatest percentage of their members participating. Hopefully, the number of MHADRTA members who participate will be a large one!

Everyone can participate—whether it is 15 minutes a day or an hour a day (or more) per day. It doesn't matter whether your best 30 days is five hours or fifty hours. The important thing is that you did something physically active to stay healthy!



ASSOCIATION CANADIENNE DES ENSEIGNANTES ET DES ENSEIGNANTS RETRAITÉS
CANADIAN ASSOCIATION OF RETIRED TEACHERS

ACER-CART is the national voice of the retired educational community.

In anticipation of the next federal election, ACER-CART is compiling voter information on four seniors' issues: (1) the need for a national seniors' strategy, (2) long-term care, (3) national pharmacare, and (4) pension security.



Wellness

CHALLENGE 2021

Personal Best-30-Days Report

You can submit your results three ways;

1. Email or mail your branch president.
2. Visit arta.net/wellness-challenge and fill out the form which will be submitted to ARTA.
3. Email your form to jhope@arta.net or mail to the ARTA office: Alberta Retired Teachers' Association, 15505 137 Ave NW, Edmonton, AB T5V 1R9

Please submit by July 31, 2021

BEST DAYS FROM APRIL 1 TO JUNE 30

	ACTIVITY	MINUTES		ACTIVITY	MINUTES
1			16		
2			17		
3			18		
4			19		
5			20		
6			21		
7			22		
8			23		
9			24		
10			25		
11			26		
12			27		
13			28		
14			29		
15			30		
			TOTAL		

NAME

MEMBER #

EMAIL

PHONE NUMBER



It is **Membership Renewal Time** for existing MHADRTA members. This year you have couple of different options in renewing your membership. We had hoped to be able to meet in person but with the third wave of the pandemic and the number of posi-

tive cases and hospitalizations in Medicine Hat skyrocketing, it certainly appears that restrictions for indoor gatherings will not be lifted in the very near future. In the meantime, I plan to keep you informed with what is happening locally and provincially through this medium—the newsletter, emails, and social media. If you are on Facebook, please like the page or follow us on Twitter to be kept up to date.

OPTION 1: Please fill out the form below and mail it to the address on the form below with your cheque or if you are in the neighbourhood you can drop it off in my mailbox.

OPTION 2: Newly retired teachers (those retiring June, 2021 or if you retired in January, 2021) who receive this newsletter as part of their retirement welcome envelope from MHADRTA may use this membership form to join for free. Simply circle NEW and fill out the information. Again, please scan the form & email it to **49ermh@gmail.com**, mail or drop off the form to the address found at the bottom of the form. This way you will sent the September newsletter.

OPTION 3: Ed Dick has created an online method for anyone who visits the website to join MHADRTA or renew their memberships, and you can pay by using eTransfer. Just contact **Henk Hof** (at **hrhof@shaw.ca**) for information on eTransfers. Lots of options for you to choose from on how to join us!

Membership Form for 2021/22 School Year

Yes, I would like to **RENEW** or **PURCHASE A NEW** (Circle ONE) membership in MHADRTA for the 2021/2022 term.

Cost of the Membership: **\$15.00 per year**. Cash or cheque only.

Name: _____

Address: _____ **Postal Code** _____

Phone : _____ **E-mail:** _____

Providing an e-mail address will enable you to receive the newsletter. Hard copies of the newsletter are not sent out. Your e-mail address is never shared or revealed to anyone as all mailings are sent as a Bcc (blind carbon copy).

Please enclose payment (*cheques made payable to* **MHADRTA**) and send to: **MHADRTA, 36 Prairie Dr. NE, Medicine Hat, AB T1C 1R2.**

Membership will be valid until August 31, 2022.